



Ultimate Moving Checklist

6–8 Weeks Before the Move:

- Create a moving folder (paper or digital)
- Research and compare moving companies
- Request in-home or virtual estimates
- Budget your moving costs
- Sort and declutter (donate/sell/give away)
- Gather important records (medical, school, vet)
- Check home/renter's insurance coverage
- Schedule time off work for moving day
- Reserve moving truck or book moving service

4 Weeks Before:

- Begin packing non-essentials (seasonal items, decor)
- Order packing supplies (boxes, tape, labels, bubble wrap)
- Notify landlord or property manager if renting
- Confirm move-in details with new property
- Update or forward mail (USPS address change)
- Notify banks, credit cards, and insurance companies

- Schedule disconnection of utilities at old address
- Schedule connection of utilities at new address
- Transfer prescriptions and medical records
- Arrange childcare or pet care for moving day

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2 Weeks Before:

- Pack items you use less frequently
- Backup files and photos on electronics
- Dispose of or donate hazardous/flammable materials
- Plan meals to use up food
- Confirm with movers (time, address, inventory)
- Begin cleaning rooms as you pack

- Arrange elevator or parking access (if needed)

1 Week Before:

- Pack luggage with essentials for each family member
- Clean out fridge and freezer
- Finish all packing except day-of essentials
- Confirm address change and service transfers
- Prepare "open first" box (toiletries, tools, toilet paper, chargers, paper plates, etc.)
- Label fragile boxes clearly
- Defrost freezer
- Take photos of old apartment/house for records

Moving Day:

- Wake up early and eat a good breakfast
- Strip beds and pack bedding
- Pack remaining items
- Do a final walk-through of every room
- Give movers your contact info and instructions
- Check for left-behind items
- Turn off lights, thermostat, and lock doors
- Keep keys and lease/docs handy

After the Move:

- Unpack essential boxes first
- Set up beds and clean bathrooms

- Inspect items for damage (report within time limits)
- Recycle or return used boxes
- Update driver's license and vehicle registration
- Leave reviews for your moving company
- Introduce yourself to neighbors